



CADS EDMONTON
P.O. Box #35073
10818 - Jasper Ave.
Edmonton, Alberta T5J 0B7
Ph: (780) 669-3856

VOLUNTEER INFORMATION

INFORMATION/SCHEDULE

The following is the schedule for the CADS 2011-12 Season:

- Registration/Information Night- November 16, 2011 7:00-9:00pm @ Snow Valley
- 2 Evenings for Instructor training – Wed. Dec. 7th and Mon. Dec. 12th from 7:00 - 9:00 pm
- 1st Full Day Instructor Training - Saturday, January 7, 2012 9:00AM – 4:00PM
- 2nd Full Day Instructor Training - Sunday, January 8, 2012 9:00AM – 4:00PM
- Regular Season Instruction and Training is held at Rabbit Hill Resort.
- Season runs: January 11, 2012 until March 7, 2012. **No training or lessons the week of February 20-22.**
- 8 Instructor Training nights are held every Monday from 7:00 - 9:00 pm
- 8 Student Instruction nights are held every Wednesday from 7:00 - 9:00 pm

REGISTRATION

The following information is intended to introduce our programs to new volunteers, and to serve as a reminder to returning participants in the program. If you have any questions, please call (780) 669-3856.

Volunteers: Please complete the Volunteer Registration Form, CADS Photo release form, and CADS- Alberta Form.

- Volunteers are encouraged to register, at Snow Valley Ski Club Lodge in Edmonton on Wednesday, November 16, 2011 from 7:00 - 9:00 pm.
- New volunteers need to complete a police information check. Please bring two pieces of government issued ID with you to registration (Eg. Drivers License, Passport, Birth Certificate, Alberta Health Care, etc..) (Student ID will not be accepted). CADS Edmonton will administer this at no cost to volunteers. CADS Edmonton reserves the right to refuse memberships based on the outcome of this screening.

Please register early to assist in our season planning

FEES

CADS Edmonton will be covering the \$40 CADS Alberta membership fee for volunteers for the 2011-12 season.

Fees include lift passes and equipment rentals.

Note: CADS Alberta membership provides you with certain benefits such as reduced lift ticket prices at various ski hills throughout Canada and discounts at some sports stores.

WEATHER

If the temperature **IN EDMONTON** is -20C or lower (or extreme conditions exist) at 4:30 p.m. on a lesson night, the lesson will be cancelled and the program will be extended by an additional week as needed.

Please call our Info Line (780-577-1442) if you are uncertain if the lesson is cancelled. **DO NOT call Rabbit Hill.**

ALPINE PROGRAM

LEARN TO SKI/SNOWBOARD or SKI/SNOWBOARD IMPROVEMENT

The program is held at Rabbit Hill Snow Resort, and runs for eight Wednesday nights, 7:00 - 9:00 p.m., beginning in January. Volunteers provide one-on-one ski/snowboard instruction for students at all levels, from beginner to advanced.

ADVANCED SKI IMPROVEMENT

This program provides the more advanced student with an opportunity to further their skiing abilities. The program is held at Rabbit Hill, on the same evenings and times as the regular Alpine program; with an opportunity to attend mountain camps throughout the season. This program has been designed to provide advanced students with a chance to develop higher-level techniques, on varied terrain and snow conditions to help progress them to independent skiing.

Training objectives include:

- refining basic skiing skills & ski safety/awareness
- technical free skiing
- introduction to new varied terrain/conditions in the mountains
- introduction to safely loading/unloading new lifts

Participants at entry level should:

- have developed basic skiing skills
- be able to ski top to bottom easily on moderate terrain
- be capable of loading and unloading from all ski lifts without assistance, as appropriate
- be capable of putting on and taking off ski equipment without assistance.

WHAT TO DO ON THE FIRST NIGHT (ALPINE, SNOWBOARDING and ADVANCED)

Arrive at the Rabbit Hill Lodge ½ hour before lessons (West End near ticket booth). CADS Supervisors will be available to introduce students to their instructors. The instructors will then discuss the student's skiing/snowboarding experience, if any, and special requirements etc. They will provide the student with a lift ticket, and assist the student to obtain rental equipment, and arrange for other equipment as necessary.

VOLUNTEERS ARE NEEDED

We always need more volunteers on lesson nights, and to enhance our programs throughout the year.

- **ALPINE:** On the hill, skiers/snowboarders are needed as instructors, teaching assistants and guides. CADS Edmonton will provide volunteer instructors on hill training in instruction techniques for the various disciplines of disabled skiing/snowboarding. This occurs primarily at our training weekend prior to the season and continues during the season at Monday night training sessions at Rabbit Hill. In addition to local training, CADS Edmonton encourages instructors to pursue CADS certification through courses offered either locally or in other zones (financial assistance toward attending such courses may be offered upon approval by the Edmonton Board).
- Non-skiing volunteers in snow boots can assist instructors and supervisors on the bunny slopes. Volunteers are indispensable when assisting in the lodge and helping organize fun events at the hill.
- **BOARD OF DIRECTORS:** You can assist with program planning and administration by participating as a member of the CADS-Edmonton Board of Directors.



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Info Line: (780) 577-1442

VOLUNTEER REGISTRATION FORM 2012 SEASON

NAME _____ MALE FEMALE AGE _____

ADDRESS _____

CITY _____ POSTAL CODE _____

HOME PHONE _____ CELL PHONE _____

EMAIL _____ OCCUPATION _____

SKIING/SNOWBOARDING AND OTHER EXPERIENCE

New Volunteer **Returning Volunteer**

- If a returning instructor what programs, were you involved in (please check all applicable)
Alpine Advanced Sitski Snowboarding
- Number of years you have skied _____ Level (advanced, intermediate) _____
- Number of years you have snowboarded _____ Level (advanced, intermediate) _____
- Ski/Snowboard instruction courses passed (Coach, CSIA, CADS, CANSI etc. & year) _____

- Experience teaching (where, what, when) _____

- Do you have any experience in working with people with disabilities? Yes No
Please elaborate and indicate any special qualifications or skills, if relevant _____

- Physical limitations or attributes: (E.g. Small, or cannot lift; strong – can work with heavier students etc.) _____
- Would you like to obtain your Canadian Association for Disabled Skiing Certification? Yes No

PROGRAM INVOLVEMENT & STUDENT ASSIGNMENTS

- Student enjoyment and accomplishment is very dependent on being assigned the same instructor(s) week.
- Instructors are expected to attend the Instructor Training Clinic on Jan 7 & 8, 2012 and are strongly encouraged to attend weekly Monday evening training sessions. Will you be able to attend?

Yes No If no, please explain _____

- Will you be able to commit to all lesson evenings? (very important)

Yes No Only available on an occasional (drop-in) basis .

IF NO: Dates you will not be able to attend _____

- Volunteers are assigned to a preferred discipline, if possible, depending on student enrolment. To assist in student assignments, please indicate the disciplines you would like to teach, in order of preference,

Eg., 1, 2, etc.

3 Track _____ Hearing Impaired _____ Visually Impaired _____ Intellectual Disabilities _____

Sitski _____ 4 Track _____ Snowboarding _____

No preference

- **Returning Instructors:** Do you want to work with the same student you had last year? Yes No

What was the student's name? _____

- ** **Please Note:** CADS Edmonton will conduct a police information check for volunteers prior to the program beginning in January.

OTHER ACTIVITIES

Can you assist us by serving on any of these committees or by sitting on the board?

Special Events Administration Fundraising Equipment Communications Phoning

Other Interests (please specify) _____



CADS – Alberta Photo Release Form

Participant's Name: (Please print) _____ the undersigned, being the participants identified above, and if said participant is under the age of 18 years, the parent or legal guardian, does in consideration of the permission extended to said participants to participate in the CADS – Alberta Learn to Ski Program give full permission to use any photographs or movies of said participant taken during the program season of the Canadian Association for Disabled Skiing – Alberta.

(Signature of Participant)

(Date)



Canadian Association of Disabled Skiing – Alberta (CADS – Alberta)

11759 GROAT ROAD • EDMONTON, ALBERTA • T5M 3K6
PHONE (780) 427.8104 • FAX (780) 427.0524 • INFO@CADSALBERTA.CA • WWW.CADSALBERTA.CA

This form must be completed by all participants of the Canadian Association of Disabled Skiing – Alberta programs. Please fill in the blank lines and check off the appropriate boxes. Return this form along with the appropriate fees to address above.

Surname:		First Name:	
Address:			
City:		Postal Code:	
Phone: (hm)		(wk) Fax:	
E-mail:			
Membership Details:			
Date of Birth (m/d/y):	<input type="checkbox"/> Male <input type="checkbox"/> Female:	Disabled: <input type="checkbox"/> YES <input type="checkbox"/> NO	
Disability (see codes):	Involvement (see codes):	Program (see codes):	
Membership Fees: (Single \$40.00) <input type="checkbox"/> New Member <input type="checkbox"/> Renewal <input type="checkbox"/> Renewal with information change			
Signature:		Date:	

CODES

DISABILITY

01 Amputee - AMP AK
02 Amputee - AMP BK
03 Amputee Arm
04 VIP
05 Deaf
06 Para
07 MH

08 Cerebral Palsy
09 Head Injury
10 Schizophrenia
11 Heart Problems
12 Side Weakness
13 Spina Bifida
14 Quad

15 Leukemia
16 Learning Disabled
17 Multiple Sclerosis
18 Multi
19 Friedrie Ataxia
20 Epileptic
21 Other

INVOLVEMENT

01 Student
02 Instructor
03 Racer
04 General Member
05 Provincial Board
06 Calgary Committee
07 Edmonton Committee
08 Coach
09 Supervisor

PROGRAM

A Alpine
XC Cross Country
WS Water Ski
M Mono Ski
S Snowboarding

RELEASE Canadian Association for Disabled Skiing – Alberta (CADS – Alberta)

THIS RELEASE MAY AFFECT YOUR RIGHTS, PLEASE READ IT CAREFULLY, OR IN THE CASE OF THE VISUALLY IMPAIRED, HAVE IT READ TO YOU. No application for membership will be accepted unless executed by the applicant or their parent/legal guardian.

In consideration of the CADS - Alberta accepting this, my application and membership, I hereby waive and release any and all claims for damage (Whether for personal injury, death, illness, property damage or personal loss), including claims for negligence, both for myself and my heirs, executor, legal representatives, successors and assigns which I may have as a consequence of my involvement in any activity organized by CADS - Alberta or the Canadian Association for Disabled Skiing. In particular, but without restricting the generality of the foregoing, I hereby release from all liability and agree to indemnify and save harmless from all liability, the following: the CADS - Alberta, the Canadian Association for Disabled Skiing, the executives, directors and members of the committees, the instructors, the volunteers, sponsors and their respective employees, agents; and any other participants in any activity organized by CADS - Alberta or the Canadian Association for Disabled Skiing, and their volunteers.

I acknowledge that skiing is a sport with inherent risks (both known and unknown), and in signing this release form it is my intention to accept those risks, and all the consequences thereof, for myself alone. The terms of this release are severable from one another, and the invalidity of any one or more clauses in this release shall not affect the validity of the other clauses.

CADS – Alberta is committed to protecting your privacy. As such, CADS – Alberta has developed and implemented a Privacy Policy to protect your personal information. For details please contact www.cadsalberta.ca, privacy@cadsalberta.ca or 780-427-8104.

I ACKNOWLEDGE THAT I HAVE READ, OR HAVE HAD READ TO ME, THIS RELEASE IN ITS ENTIRETY, THAT I UNDERSTAND AND AGREE TO BE BOUND BY ITS TERMS AND I AM SIGNING IT VOLUNTARILY AND WITHOUT DURESS OR UNDUE INFLUENCE FROM ANYONE.

(Signature Applicant or Legal Guardian)

Date

(Please print name)

MUST BE COMPLETED BY PARENT OF LEGAL GUARDIAN

I, the parent or legal guardian of the above named child, hereby give my approval to his/her participation in any and all activities of CADS - Alberta and the Canadian Association of Disabled Skiing. I assume all risks and hazards incidental to the conduct of the activities and transportation to and from the activities with respect to his/her participation in these activities. I do further hereby release, absolve, indemnify and hold blameless the Directors and sponsors, and the supervisors, instructors, volunteers of CADS - Alberta and the Canadian Association for Disabled Skiing.

(Signature Parent or Legal Guardian)

Date

FOR OFFICE USE ONLY:		
Method of Payment:	<input type="checkbox"/> CASH » Amount	<input type="checkbox"/> CHEQUE » Amount
Received by:	Date:	Cheque Written by:
Membership Card Issued: <input type="checkbox"/> YES <input type="checkbox"/> NO		